

Art A Day CHALLENGE: Self Portrait, Inside Out

Washington County Museum of Fine Arts

We challenge you to an art activity each day of the School Closure! If you decide to complete this challenge, share it with us in the comments and on Instagram @WCMFA and use the hashtag #ARTaDayCHALLENGE



Stuff you'll Need: Paper/or canvas; scrap paper, glue, paint (optional), crayons, markers, anything else you want to use!

Words you need to know:

Abstract Expressionism: This is too big to explain in a few words. Check out this explanation in "kid" language: <https://kids.britannica.com/students/article/abstract-expressionism/315757>

Self Portrait: a portrait of an artist produced or created by that artist

Mixed Media: A variety of materials, or mediums, used to create one piece of artwork

What you need to do:

LOOK: Look at this artwork by Robert Goodnough, 1998. He used oil and crayon on a canvas to create this. He titled it, *Self-Portrait from the Inside Out*.

THINK: Think about the title of this piece, *Self-Portrait from the Inside Out*. Often when we think of a self-portrait we think of a painting of someone's face. Imagine what it means when you hear the words Inside Out. Discuss the following questions with a grown up or someone around you. What do you think the artist is trying to tell us about himself? What artistic decisions did he make to give us clues into who he was? Why do you think he chose to create a self-portrait in such an abstract way instead of showing us exactly what he looks like? How do you think that decision reflects the title? Notice the shapes he used, why do you think he chose these specific shapes?

MAKE: We are going to do things backwards today. We are going to start with the title and then create your work. Take the title of Robert Goodnough's work. Your piece of art will now also be called *Self-Portrait from the Inside Out*. How will you represent this title? What do you want to tell us about yourself? Will you use the artist style of abstract expressionism as well? Use mixed media to create. Feel free to combine crayons, paint, cut up scrap paper, magazines, etc. Will you think about using certain shapes, colors, repeated patterns, lines? How do you feel inside and what would that look like using these elements of art?

SHARE: POST your creation in the comments on FACEBOOK and Tag @WCMFA on Instagram and use the hashtag # ARTaDayCHALLENGE